

Gracie B

TREATMENT
MENU

FACIAL SKIN TREATMENTS

Pro Power Peel Treatment

£75 (1 hr)

Our strongest and fastest peel yet, your skin therapist will create a customised peel to instantly rejuvenate and refresh your skin. With a unique system of three different acids for a deep exfoliation personalised to you, it is ideal to target lines and wrinkles, uneven pigmentation or breakouts. Includes AHAs and BHAs.

ProSkin 60

£58 (1 hr)

The ultimate treatment, different every time. Customised with advanced product, techniques and technology in a soothing environment made for relaxation. The ideal choice for those who want a comprehensive experience to address all skin concerns and achieve healthy glowing skin.

ProSkin 30 OUR SKIN THERAPISTS' FAVOURITE

£32 (30 mins)

Our customised treatment, on your time! Targeting your key skin concern for maximum impact in minimum time, this treatment is a firm favourite with those who have just 30 minutes, want visible results and great value.

The Frozen Facial

£85 (60 mins)

The most effective and advanced skin rejuvenation treatment yet, tackling lines, wrinkles, and pigmentation. Enjoy a full cleanse followed by microdermabrasion to resurface and smooth the skin. Followed with micro-channeling and topical dissolvable oxygen to stimulate the skin's natural heal repair response. This is the most advanced method of replacing lost moisture in the skin. Fabulous for dull, dehydrated, ageing, pigmented, scarred skin. We adapt the chosen infusion and mask depending on your concerns. We will tailor make the treatment at all points to give you the best results possible.

H2O Glow

£65 (60 mins)

Crystal Clear's most intense hydration treatment yet, giving red carpet ready results. The H2O Glow facial delivers freezing cold oxygen throughout the epidermis to nourish and invigorate skin cells, while the COMCIT TDO roller allows Hyaluronic Acid to reach deeper dermal layers via micro-channels; plumping and re-balancing the skin from the inside out. The result is brighter, fresher, hydrated skin that glows with a youthful radiance. This is a one-off treatment to create a beautiful glow.



Oxygen Therapy

£55 (45 mins)

Delivering topical dissolvable oxygen to the skin to re-energize and stimulate the skin. This works with the mitochondria within the center of our cells, to allow deeper stimulation. We are feeding the skin layer by layer to give you a smoother, hydrated, brighter complexion. Also fabulous for breakouts to kill the bacteria at the source.

Microdermabrasion

£45 (45 mins)

This is a deep and controlled exfoliation method. We work across the skin, using natural mineral stones to remove the dead skin cells and smooth the skin. We are working within the epidermal layer. This allows better product absorption and stimulates the cell turnover. This treatment is good for all skin types. Leaving the skin visibly bright and clear after the first treatment.

Dermaplaning

£45 (45 mins)

Dermaplaning is an effective skin exfoliation procedure. It uses a sterile surgical scalpel to shave the surface of the skin to remove excess dead skin and 'peach fuzz' hair.

CACI

CACI Signature Non-Surgical Facial Toning

£50 (1 hr)

This treatment is a non-invasive facial, using microcurrent impulses. This will lift and tone your facial muscles and the neck area, whilst improving skin elasticity and reduces the appearance of fine lines and wrinkles. Firms your face and gives your skin a more youthful, fresh appearance and glow.

CACI Ultra Non-Surgical Facial Toning

£70 (1 hr 30 mins)

This facial combines the CACI Signature Non-Surgical Facial Toning with The CACI Ultra Radiance treatment. This treatment uses microcurrent impulses, which will lift and tone your facial muscles and neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. Ultrasonic peeling is used to revitalise and deeply cleanse your skin, leaving a brighter, smoother complexion. CACI's unique Wrinkle Comb will then target fine lines and wrinkles alongside LED light therapy to help heal the skin and trigger tissue repair. To complete this facial ultrasound is used to penetrate a rich moisturising gel into your skin, which will deliver a surge of intense hydration to rejuvenate your skin.

CACI Eye Revive

£30 (30 mins)

Lift and firm muscles around your eye area, particularly where you may tend to lose definition as you age and develop 'hooded eye lids'. This treatment uses serum filled microcurrent rollers together with the soothing and calming Eye Revive Mask to reduce puffiness and dark circles, and soften the appearance of fine lines and wrinkles around your eyes.

CACI Jowl Lift

£20 (20 mins)

Target muscle laxity around the jawline using CACI microcurrent. This treatment will lift and firm your muscles and redefine facial contours to give a firmer, more toned appearance. Ideal for women wanting to improve the appearance of sagging jowls and for men who desire a more chiselled jawline.

Treatment programs are available on all of our CACI treatments to maximise the results you will receive.

Buy 10 get 2 with compliments of Gracie B.

BODY TREATMENTS

Stress Relief Back and Neck Massage

£32 (30 mins)

Gracie B's number one massage, this treatment relieves stress, muscle tension, knots and breaks down lactic acid. Tailor made to your consultation requirements, this massage gives results.

Swedish Full Body Massage

£60 (1 hr)

A classic timeless massage that should be on every treatment menu. We focus on releasing unwanted tension, stretching tired muscles and aim to leave you feeling soft and supple.

Relax, Sleep, Chill Massage

£32 (30 mins) / £60 (1 hr)

Using our pre-blended essential oils that will aid your mind and body into relaxation, this massage allows you to drift away into another world. Includes effleurage galore, pressure points and lymphatic drainage techniques.

Indian Head Massage

£32 (30 mins)

This relaxing massage technique has been practiced throughout India for many centuries. It focusses on the energy centres from the head, neck, scalp and face by using key acupressure points. Relieves tension and stress. Choose between one of our organic oils to enhance your experience.

Scrub and Hydrate

£32 (30 mins) / £60 (1 hr)

This treatment exfoliates your dead skin cells away, gets your circulation accelerated and leaves your skin invigorated and silky soft. Hydration is added with a soothing lavender massage.

Lava Shell

£45 (30 mins) / £65 (1 hr)

For the ultimate, calming massage, the Lava Shells treatment is the soothing solution. As the therapist glides the marine polished sea shells smoothly over the body, you will instantly drift into a blanket of warmth, falling into a state of utter relaxation and calm. During the massage, the shells are worked over the palms, arms, neck and shoulder area, with the focus of the massage surrounding pressure points. Deep tissue work on these tension areas such as the feet, back and shoulders, ease away all muscle tension, knots and stress points, unblocking an energy flow and releasing a sense of balance to the entire body and mind.

Hopi Ear Candle

£40 (40 mins)

Originating from the Native American Indians of the Hopi Tribe, the candles are an effective and alternative way to cleanse, purify and heal the ears, nose and throat. Our unique way to perform the Hopi ear candle treatment starts with our aroma test to select your scent depending how you feel on the day. Your ears will then experience the relaxation of the candles followed by a relaxing drainage massage.

HAND AND FEET TREATMENTS

The Gracie B Manicure

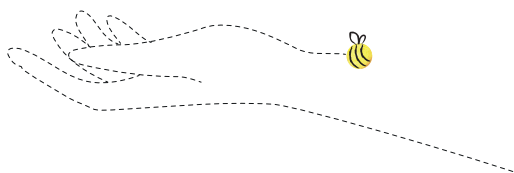
£32 (1 hr)

Your hands are bathed in a milky, nourishing soak, gently exfoliated and dried in warm towels. We will discuss how you would like your nail shape and cuticle work which will then commence. Followed by a relaxing hand and arm massage. Nail plate is buffed, cleaned and painted. Upgrade to gel for an additional £10.

The Gracie B Express Manicure

£20 (30 mins)

Spritz clean, file, shape and buff of the nails followed by a four step paint. Upgrade to gel for an additional £10.



The Gracie B Pedicure

£32 (1 hr)

Your feet are submerged into a foot bath of revitalising aromas and fresh mint or citrus fruits, this is followed by a deep exfoliation with cuticle work, nail clip and shape completed. Hard skin cells will be removed. A foot and leg massage will relax you before your nail plate is buffed, cleaned and painted. Upgrade to gel for an additional £10.

The Gracie B Express Pedicure

£20 (30 mins)

Spritz clean, file, shape and buff of the nails followed by a four step paint. Upgrade to gel for an additional £10.

Soak Off

£12 (15 mins)

Soak off gel nails, buff and cuticle oil.

Builder In A Bottle™ Treatment

£34 (1 hr)

We will create a strong overlay on your nail which will be a strengthening barrier for your natural nails. When builder is applied it includes primer and base all in one. No chipping or lifting, which helps grow your natural nails. This can be infilled or soaked off and can be left in one of our stunning nude shades or finished with a choice of gel colours.

Children's Nail Polish

£10 (30 mins)

WAXING

Full Leg	£30 (1 hr)
Half Leg	£16 (30 mins)
Full Arm	£22 (1 hr)
Forearm	£16 (30 mins)
Hollywood	£32 (45 mins)
Brazilian	£28 (35 mins)
Bikini	£15 (30 mins)
Underarm	£10 (20 mins)
Eyebrow Tidy and Shape	£12 (20 mins)
Lip and Chin	£12 (15 mins)
Lip or Chin	£8 (10 mins)
Men's Chest	£30 (45 mins)
Men's Back	£30 (45 mins)

Add Men's Arms to Men's Chest/Back wax treatments for an additional £10.

THREADING

Full Face Thread	£25 (30 mins)
Eyebrow Thread	£12 (15 mins)
Lip and Chin Thread	£12 (20 mins)
Lip or Chin Thread	£8 (15 mins)
Eyebrow Thread and Tint	£18 (30 mins)
Men's Beard Outline Thread	£12 (20 mins)

LASHES AND BROWS

The Gracie B Definition Wax, Shape and Tint
£18 (30 mins)

Eyebrow Tint
£10 (30 mins)

Eyelash Tint
£12 (15 mins)

LVL Lashes - Length | Volume | Lift
£45 (1 hr)

Your natural lashes revealed in all their glory. Exclusive to Nouveau Lashes, the LVL effect is about freedom. It's about knowing your eyes will be the centre of attention without you having to do a thing. Make the most of what nature gave you.

Infill Individual Lashes
From £25 (1 hr)

Full Set of Individual Lashes
From £30 (2 hrs)

Lash Removal
£20 (30 mins)



MAKE-UP

The Gracie B Make-Up Tutorial
£45 (1 hr)

Are you guilty of applying the same make-up shades and styles 365 days a year without contemplating a change? Our make-up tutorials show you how to match the perfect shade to your skin. How to contour to complement your face shape and how to embrace your natural beauty with your eyes and lips to achieve the look you feel comfortable to wear daily or for a special occasion.

Bridal Make-Up

£70 (1 hr 30 mins)

The answer to perfection on your wedding day preparation is a make-up artist in full control of the look you want to achieve. Included is a trial before your big day to share your ideas and conclude how you would like to look. We are confident that trial gives you plenty of time to create what you are looking for, however, we can offer a second complimentary trial. On the big day itself we offer you a glass of fizz to start the morning and breakfast is available to pre-order.

The Gracie B Make-Up For All Occasions

From £45 (1 hr)

Whatever the occasion is we have a full palette to find the right make-up to suit you. Sit back, relax and enjoy as your make-up artist works on a flawless finish. Strip lashes available.

MOTHER-TO-BE

Mother-To-Be: Back and Neck Massage

£35 (40 mins)

A truly relaxing back, neck and shoulder massage whilst lying on your side hugging a wonderful pregnancy pillow for support everywhere you need it.

Mother-To-Be: Face and Body Ritual

£70 (1 hr 15 mins)

This amazing mother-to-be treatment focuses on relaxing and nurturing all those areas of tension during pregnancy allowing you to totally unwind. Treatment includes: Back and Shoulder Massage, Leg and Foot Tension Release Massage, Dermallogica Express Prescription Facial, Scalp Massage. This treatment is suitable for your second and third trimester.

ST TROPEZ TANNING

Full Body Spray

£30 (1 hr)

Half Body Spray

£20 (20 mins)

EAR PIERCING

Ear Piercing (Lobes Only)

£25 (30 mins)

View our beautiful range of Caress earrings, birthstones and plain studs.

GRACIE B HAIR

Styling

Restyle, Wash, Cut and Blow Dry	£50
Wash, Cut and Blow Dry	£45
Wash, Cut and Go	£25
Dry Cut (Clean Hair Only).....	£22
Wash and Blow Dry	£25
Wash and Blow Dry (On Extension)	£30
Hair Curling/Straightening.....	£16
Plaiting	£15
Extra Long/Thick Hair Charge	£10
Keratin Therapy Blow Dry	From £150
Hair Pinned Up, Artistically Styled.....	From £30
Fringe Trim	£6
Fringe Restyle.....	£10
1 Hour Hair Tutorial.....	£30

Technical

Half Head Balayage	£45
Full Head Balayage	£70
Full Head Colour	£42
Retouch Colour (Roots Only).....	£30
Toner	£16
Stand-Alone Toner.....	£25
Colour In Between Foils (Roots Only).....	£20
Colour In Between Foils (Full Head).....	£30
Glossing Service.....	£25
Scalp Bleach	£45
Colour Correction.....	Priced during consultation
Keratin Therapy Blow Dry	From £150

Highlights

Full Head Foils	Short £68 Long £78
Half Head Foils	Short £50 Long £60
T-Section (up to 15 foils).....	£38
Face Frame (Money Piece)	£22.50

Gentlemen

Gent's Cut and Style.....	£18
Wash, Cut and Style.....	£21
Gent's Skin Fade	£20
One Length Clipper Cut	£12
Hair Cut With Classic Beard Trim.....	£22
Classic Beard Trim, Tidy and Shape.....	£6

Luxury Wet Shave (Including Facial Massage)	£35
Luxury Gent's Facial Massage.....	£10
Boys 3 Years and Under	£10
Boys 12 Years and Under	£14
Gent's Skin Fade	£18
Colour	Consultation available

Treatment

Stand-Alone OLAPLEX Treatment £25
 This 30 minute OLAPLEX stand-alone treatment is the unparalleled service that repairs damaged hair and maintains strong, healthy hair.

OLAPLEX No. 1 Treatment With Colour Service £14
 This is the first step of the in-salon OLAPLEX system which is used as an additive to lessen damage during chemical processing. It is also used as the first step in our stand-alone treatment that prevents damage by restoring and repairing the hair.

Children (Under 12)

Girls Dry Cut..... £15
 Girls Wash, Cut, Blow Dry and Sparkle..... £30

The Wedding Party

Please call Gracie B to discuss your bridal party requirements and have a complimentary consultation.

AFTERNOON TEA

Afternoon Tea..... £18.50

Continental Breakfast £8.50

Pre-order Afternoon Tea or a Continental Breakfast with your treatments, and chose from our delicious refreshments menu.

DRINKS MENU

All drinks are complimentary during your time with us and all are served with a sweet nibble.

English Tea	Fresh Lemon in Hot Water
Peppermint Tea	Americano (available with milk)
Green Tea	Cappuccino
Chamomile Tea	Elderflower Cordial
Berry Mix Tea	Blackcurrant Cordial
Earl Grey Tea	Water

GIFT VOUCHERS

The perfect gift! Why not treat someone to a little piece of luxury with a treatment at Gracie B. Our gift vouchers are valid for a full year after purchase.

TERMS AND CONDITIONS

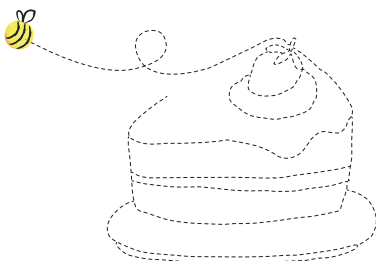
We have a 24 hour cancellation notice period, please let us know as soon as possible if you would like to rearrange or cancel your appointment. We have a strict no refunds policy. If for any reason you are unhappy please contact us and we will arrange to rectify any issues for you.

We advise clients to take no heat treatments, such as sun beds, steam rooms etc. 24 hours prior to or after waxing, tanning or microdermabrasion treatments. No swimming, perfumed products or make up should be applied after these treatments as they can increase the risk of infection or skin burning. We can not take any responsibility if this occurs after your treatment.

A patch test must be carried out 24 hours prior to a tinting treatment.

A non-refundable deposit will be taken on services over £40 for 50% of the booking cost. The deposit will be redeemed against the price of the service at checkout. However, failure to show or cancel within 24 hours will see Gracie B maintain the 50% deposit taken and a new 50% deposit will be taken on all new and future bookings.

Buy 5 get 1 free on all our treatments
with 12 months to use your package!



Gracie B
32 Musters Road
West Bridgford
Nottingham
NG2 7PL

Monday	Closed
Tuesday	10am - 6pm
Wednesday	10am - 6pm
Thursday	10am - 8pm
Friday	10am - 8pm
Saturday	8.30am - 4pm
Sunday	Closed

CONTACT US TO BOOK

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info@gracieb.co.uk

The salon at home

We stock a wide range of beauty and hair products in the salon and online including Dermalogica, OLAPLEX and Sebastian to help you enjoy a little bit of the salon experience at home!

